

STUDENT COUNCIL PRESENTS

# CHI YOGA WORKSHOP

FEB 25TH

10 a.m. - 1p.m.  
with Osi Livni, HHP



This practice offers a unique blend of wisdoms from Yoga, Chinese medicine, Qi-Gong and Taoist healing.

Students will explore gentle, yet deep, meridian stretching motions that open energetic blocks within the internal organs and their channels. Each stretch movement accompanied by a specific healing sound, as well as mental intentions for emotional transformation.

All levels welcome. Space is limited.

RSVP to:  
[studentcouncil-sd@pacificcollege.edu](mailto:studentcouncil-sd@pacificcollege.edu)