



**2 PROGRAM OPTIONS:**

- Online Bachelor of Science in Nursing (Holistic Nursing)
- Online Post Baccalaureate Certificate in Holistic Nursing



PACIFIC COLLEGE *of* HEALTH AND SCIENCE



*"I can't praise and thank the PCOM Clinic Instructors enough for the exceptional academic contributions they made to my education. It was beyond all expectations and it was obvious that the love of their practice enabled them to carry out their role with competency and unending enthusiasm. The collaboration of practice with the Supervisors and Interns has truly been an invaluable experience."*

**-Kathleen A. Connell RN, M**

*"The RN to BSN program at PCOM has enriched my professional as well as personal lives. I am so thankful that I was able to enroll in this program. The Nurse as Facilitator classes stress the importance of self-care for nurses and has taught me modalities that can be used for health maintenance and stress management. Additionally some modalities such as The M technique (gentle hand massage) and guided imagery can be non-pharmacologic options for our clients."*

**-Allyson Alexander**

# Nursing at Pacific College

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*“Provides the philosophical, educational, and clinical groundwork necessary for nurses of the future emphasizing the interconnectedness of self, others, nature, and spirituality”*

**In these programs you will learn foundational principles such as:**

- Health promotion and wellness
- Caring healing perspective
- Relationship-centered approach
- Holistic integrative modalities
- Research and evidence informed practice
- Leadership and change



# About the Coursework

## **RN-BSN COURSEWORK INCLUDES:**

- Theoretical Foundations of Holistic Nursing
- The Nurse as Facilitator of Healing: Role and Modalities
- Community Health Nursing/ Population Focused Healthcare
- Leadership in the Delivery of Healthcare
- Research in Nursing
- Issues and Trends
- Psychoneuroimmunology
- Plus a variety of support courses and electives to choose from

## **POSTBACCALAUREATE CERTIFICATE COURSEWORK INCLUDES:**

- Perspective of Holistic Nursing
- Psychoneuroimmunology
- The Nurse as Facilitator of Healing: Modalities
- Clinical Practicum



# An Emphasis in Holistic Nursing

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*Healing the Whole Person –  
A Holistic Approach to Nursing*

- Partner and assist others in healing
- Empower patients, clients, and families by teaching self-care practices for a healthier lifestyle
- Honor the individual's subjective experience about health and illness
- Guide individuals and families to manage stress and prevent disease by improving health and well-being
- Work on integrated, interdisciplinary health teams
- Collaborate with all constituencies in the health process
- Integrate reflection and self-care into your own life



# About Pacific College

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- Pioneering integrative healthcare education for 25 years
  - Acupuncture and Oriental medicine
  - Massage therapy
  - Nursing
- Largest college of Oriental medicine in the U.S. with campuses in San Diego, New York, and Chicago
- Doctoral programs in acupuncture and Chinese medicine (San Diego and Chicago)
- Clinic with over 30,000 patient visits a year
- Over 200 faculty members across three campuses, many internationally recognized
- Diverse student body
- Community outreach and involvement





*“I had a phenomenal experience at PCOM!!  
The creativity and versatility of Holistic Nursing... beautiful.”*

**Cynthia Lopez BSN- Holistic Nursing**

*“I was (originally) trained to only treat the physical aspect of illness in a patient, and how the medications may interact with other medications or with the patient chemically, but now I have begun to see the full picture. I have had some “WOW” moments during (the program) where I was able to understand better some of the interactions in healing care. I was amazed that information such as: mindfulness meditation, quantum theory, theory of relativity and neuroplasticity were included in (the program). I believe the Bachelor’s in Holistic Nursing is the “must do” for every single nurse seeking higher education.”*

**Gladis Quintero**

# Program Details

## Online Bachelor of Science in Nursing - Bachelor's Completion Program

Intended for those with an Associate's Degree in Nursing and a Registered Nurse license.

- Minimum of 31.5 credits
- Coursework online, plus 3-day onsite retreat
- Full-time (4 terms)
- Complete your clinical requirements in your area
- ACEN accredited and NY State approved
- Endorsed by AHNCC
- PCOM is WSCUC accredited

## Online Postbaccalaureate Certificate

- 12.5 credits
- Coursework online, plus 3-day onsite retreat
- 2 terms
- Complete your clinical requirements in your area
- Eligible for AHNCC certification
- PCOM is WSCUC accredited

## For More Information:

917-426-0080 | [admissions-ny@pacificcollege.edu](mailto:admissions-ny@pacificcollege.edu)  
[PacificCollege.edu/BSNursing](https://PacificCollege.edu/BSNursing)



**PACIFIC COLLEGE** *of* HEALTH AND SCIENCE

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The RN-BSN nursing program at Pacific College of Health and Science located in New York City is accredited by the: Accreditation Commission for Education in Nursing (ACEN)  
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