

WESTERN MEDICAL ACCEPTANCE OF ACUPUNCTURE
FOR THE TREATMENT OF PEDIATRIC MIGRAINE

A Capstone Project
Presented to the
Doctoral Faculty of
Pacific College of Oriental Medicine

In Partial Fulfillment
of the Requirements for the Degree of
Doctor of Acupuncture and Oriental Medicine

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ABSTRACT

The purpose of this study was to determine if pediatric doctors and psychiatrists were willing to recommend acupuncture for the treatment of pediatric migraine (PM). Two hundred and ninety-one participants responded via recruitment through social media.

The results of the survey revealed that more pediatric doctors felt that they had medical knowledge about acupuncture, 65.17% (189) than those that did not, 35.52% (103). More doctors were willing to recommend acupuncture for their PM patients, 63.79% (185) than those who were not, 36.55% (106). The most common reason doctors recommended acupuncture was that they were willing to allow PM patients to try adjunctive therapies, including acupuncture, 54.59% (101). The most common reason doctors did not recommend acupuncture was that they needed to see more research, 88.10% (74).

The conclusion is that doctors who have a favorable opinion about acupuncture recommend it for the treatment of PM. Concurrently, doctors who have an unfavorable opinion about acupuncture need to see more research on the subject.

Keywords: acupuncture, pediatric migraine, social media.