

The Clinical Application of the Five Circuits and Six Qi Theory in Sa-Ahm Acupuncture: A
Partial Translation

A Capstone Project
Presented to the Faculty of
Pacific College of Oriental Medicine

In Partial Fulfillment
of the Requirements for the Degree of
Doctor of Acupuncture and Oriental medicine

by
Moon Reng Lee Kim, L.Ac.
San Diego, 2016

Abstract

Introduction: Sa-Ahm Acupuncture is characterized by treating the five transporting points based on the Five Phases with treatment principles from the Five Circuits and Six Qi Theory. However, there is very little English reference regarding the Sa-Ahm Acupuncture and its treatment principles.

Purpose: This study aims to introduce Sa-Ahm Acupuncture and its treatment principles to U.S. practitioners. By reviewing its related Korean literature and translating an introductory channel discussion from a book, this study will provide a high quality English reference highlighting its theoretical background and clinical usage.

Methods: A narrative literature review of Sa-Ahm Acupuncture and its related theory is combined with a partial translation of a book, *Essays about Sa-Ahm Acupuncture (The Channel Category)* by Kim Gwan-woo.

Results: The Qi transformation of Zang Fu and channels is based on the Five Circuits and Six Qi Theory. There are five relationships derived from this theory. They are Husband-Wife Relationship based on Five Circuits, Zang Fu Interconnection, Cross Mutual Correspondence, Mutual Correspondence, and Interior/Exterior Relationship based on the Three Yin and Three Yang.

Conclusion: The Five Circuits and Six Qi Theory is incorporated in Sa-Ahm Acupuncture. Sa-Ahm Acupuncture has the treatments for the prevalent disease in each circuit of year. Zang Fu and channels are characterized by the reflection of the Five Circuits and Six Qi. The five relationships derived from this theory are used for diagnosis and treatment principles.

Keywords: Korean Acupuncture, Sa-Ahm Acupuncture, Five Circuits and Six Qi Theory,

Three Yin And Three Yang, Five Phases Theory, Cross Mutual Relationship, Mutual Relationship, Zang Fu Interconnection, Four Needle Technique, Five Element Acupuncture