

**Development of a Practical Curriculum for Ancient Chinese Medical Literature:  
A Modified Delphi Approach to the *Huáng Dì Nèi Jīng***

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## Abstract

The *Huáng Dì Nèi Jīng* has long been regarded as the seminal classic of East Asian medicine, but only 51% of accredited East Asian medicine programs in the United States currently teach the *Huáng Dì Nèi Jīng* as part of their curriculum. The study sought to clarify this problem through the development of a practical, consensus-based curriculum for the *Huáng Dì Nèi Jīng*. To create this curriculum, a modified Delphi method was utilized to survey current classroom teachers in the United States that teach the text: each was asked to identify what they believed to be the 10 most important chapters for master's level students. Twenty-five potential schools were identified and contacted, and 19 provided contact information for the appropriate teacher. Of the 19 teachers surveyed, 8 provided a full response, 3 abstained because they objected to the wording of the question, and 1 abstained because they were a new teacher and felt unqualified to answer, yielding a total response rate of 64%. More than 80% of the chapters picked were from the *Sù Wèn* portion of the text, and 10 of these chapters generated 3 or more responses. The present curriculum examines these 10 chapters—in addition to supplementary information from classical and modern sources—to provide teachers with a practical way of approaching the *Huáng Dì Nèi Jīng* within one semester's time.

*Keywords:* Traditional Chinese Medicine (TCM), Huang Di Nei Jing, curriculum design