



MASTER OF SCIENCE IN NURSING

(Holistic Nurse Coaching)



PACIFIC COLLEGE
of HEALTH AND SCIENCE



40

CREDITS

Experience Personal and Professional Transformation with an MSN Degree Focused on Holistic Nurse Coaching!

Pacific College's MSN in holistic nurse coaching is 40 credits. **The coursework is fully online, and clinical practicum takes place in your own locale/community!** Upon graduation, you will be prepared to work as nurse coach.

Upon completion, you will be eligible to use the MSN coursework to sit for the appropriate [holistic nurse](#), and [nurse coach](#) board certification exams offered through the American Holistic Nurses Credentialing Corporation (AHNCC), as long as you meet all the other application [eligibility](#) criteria. The prerequisite for entering the MSN program is a bachelor's degree in nursing (BSN).



MASTER OF SCIENCE IN NURSING PROGRAM (MSN) OVERVIEW



40 credits



Nurse Coach: prepare for the holistic nurse, advanced holistic nurse, or nurse coach board certification exams offered through the American Holistic Nurses Credentialing Corporation (AHNCC)



Innovative curriculum including psychoneuroimmunology, authentic leadership, careful nurturing of our student/faculty learning community, caring circles, pop-up seminars.



Online coursework. Clinical practica are done in your own locale/community.



Accredited by the **Accreditation Commission for Education in Nursing (ACEN)**.

MSN PROGRAM STUDENT LEARNING OUTCOMES

Graduates of the Pacific College of Health and Science MSN nursing program will be able to:



1.

Generate a personal and professional philosophy about the advanced holistic nurse role that reflects a caring-healing framework with respect for spirituality, diversity, equity, inclusion, and social justice.

2.

Demonstrate critical thinking, reflective practice, creative problem solving, and clinical judgment based upon the synthesis of evidence from nursing and other sciences, along with the wisdom from multiple ways of knowing.

MSN PROGRAM STUDENT LEARNING OUTCOMES

3.

Model advanced holistic nursing role competencies within educational, coaching, and leadership practice environments.

4.

Evaluate evidence-based holistic education and coaching outcomes as related to culture, diversity, equity, and inclusion across the healthcare continuum.



5.

Co-create caring-healing environments and policy change through transformational human-centered leadership to influence cultural shifts in practice and educational settings.

6.

Model interprofessional collaboration and holistic communication within diverse healthcare teams, organizations, systems, and populations.

MSN PROGRAM STUDENT LEARNING OUTCOMES

7.

Integrate knowledge of holistic professional nursing scope and standards to maintain ethical and legal practices within the roles of educator and coach.

8.

Demonstrate adherence to quality and safety standards using principles of relationship-centered care, health and information technologies, and informatics.

9.

Utilize effective holistic relationship-centered communication skills via written, verbal, non-verbal, and technological modes.

10.

Model professional commitment towards healing through self-reflection, self-care, and lifelong learning.



ACCREDITATION & STANDARDS

Pacific College of Health and Science is accredited by:
Western Association of Schools and Colleges Senior
College and University Commission – WASC (WSCUC):
985 Atlantic Avenue, #100; Alameda, CA; 94501;
510-748-9001; www.wscuc.org.



Pacific College of Health and Science's Master of Science
in Nursing program is accredited by the Accreditation
Commission for Education in Nursing (ACEN): 3343
Peachtree Road NE, Suite 850; Atlanta, GA, 30326;
404-975-5000; www.acenursing.org.



All nursing programs incorporate the standards of Holistic
Nursing as published by the American Association of Holistic
Nurses and the American Nurses Association (3rd edition,
2019) and course content is aligned with the test plans of
certifications by the American Holistic Nurses Credentialing
Corporation (AHNCC): 81 Linden Loop; Cedar Park, TX 78613;
900-463-0786, ext. 11; www.ahncc.org.



The MSN in Holistic Nurse Coaching incorporates the
competencies of The Art and Science of Nurse Coaching by
the American Nurses Association (2nd edition, 2021) and
course content is aligned with the test plan of Nurse Coach
certification by AHNCC.



Subscribe to our YouTube to watch
all Pacific College of Health and Science Holistic
Nursing-related videos.

SUBSCRIBE

PROFESSIONAL OPPORTUNITIES

The roles our graduates could work in are limited only by their imaginations. We encourage our graduates to think big, think innovative, think local or global, and dream your practice into existence!



Hospitals or other Healthcare Settings

- Organizational change management and compliance initiatives
- Program development and management
- Nursing and interprofessional collaboration and team building
- Role mentoring and supporting the professional development of colleagues



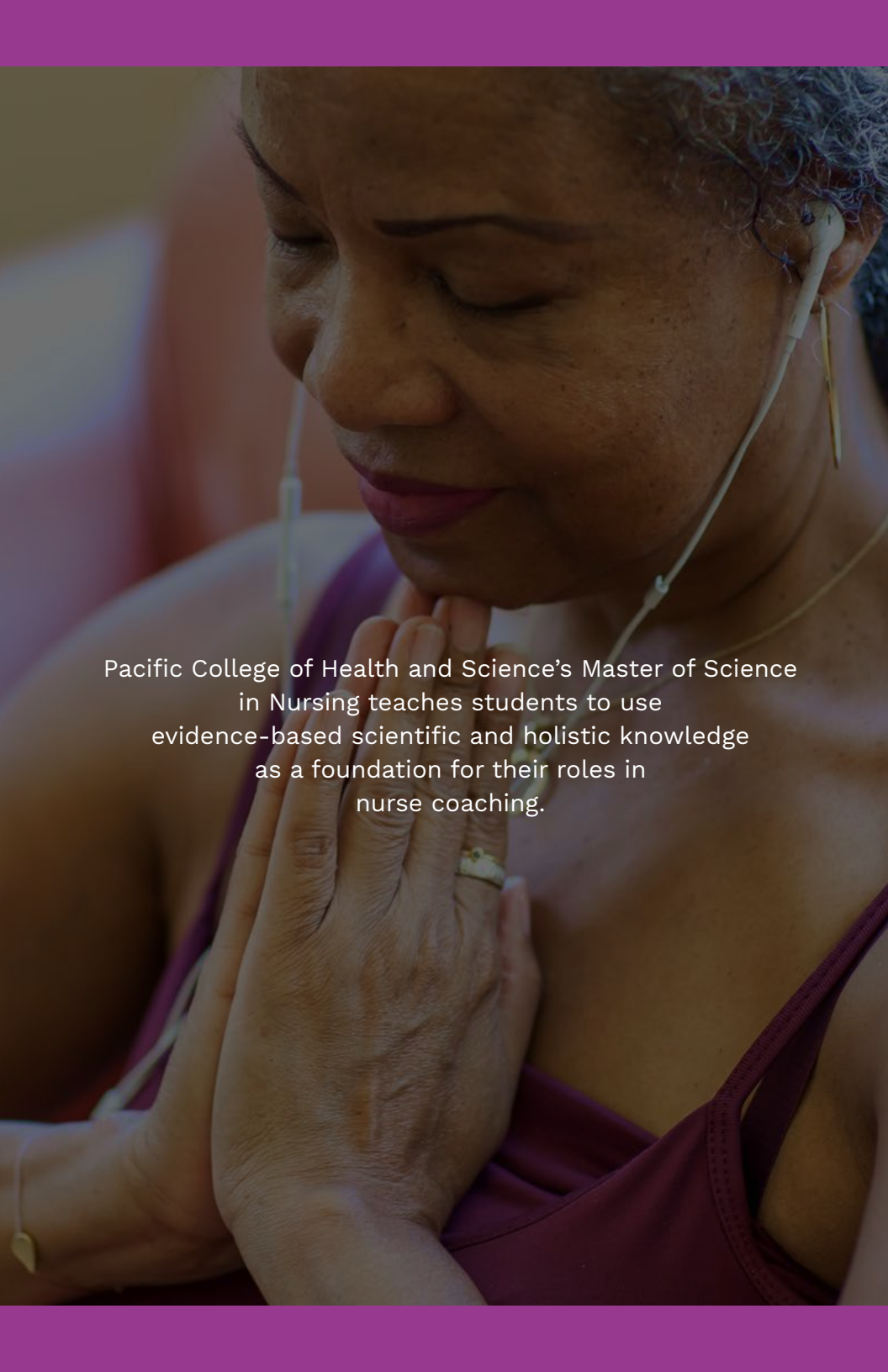
Healthcare Systems

- Taking on the role of a holistic nurse leader, change agent, and influencer with a focus on coaching and wellness at the systems level



Private Practice Consulting

- With individuals, groups, organizations, systems, or communities
- The consulting may be in non-healthcare settings




Pacific College of Health and Science's Master of Science
in Nursing teaches students to use
evidence-based scientific and holistic knowledge
as a foundation for their roles in
nurse coaching.

MODEL

CURRICULUM

Must take 2 courses per semester and follow the model curriculum.

MSN		
YEAR/ SEMESTER	COURSE TITLE	CREDITS
Year 1/ Term 1	Perspectives in Holistic Nursing	3
	Theories of Learning and Change	3
Year 1/ Term 2	Research, Evidence-based Practice and Quality Improvement	3
	Advanced Integrative Pathophysiology, Advanced Holistic Health Assessment, and Pharmacology	4
Year 1/ Term 3	Advanced Psychoneuroimmunology	3
	Advancing Nursing Leadership through Transformative Practices	3
Year 2/ Term 4	Facilitator of Healing: Advanced Modalities	3
	Role of the Holistic Nurse Coach	3
Year 2/ Term 5	Coaching Techniques with Diverse Populations Across the Lifespan	3
	Coaching Process and Holistic Nursing Assessment	3
Year 2/ Term 6	Transition to practice for the integrative and holistic nurse coach	3
	Holistic Nurse Coach Practicum I	3
Year 3/ Term 7	Holistic Nurse Coach Practicum II and Capstone	3



“NYULH has been affiliated with Pacific College for five years, providing clinical experiences for their RN to BSN and holistic nursing students in the areas of healthcare leadership, community health, and integrative health and medicine. This relationship has been a mutually valuable collaboration between our nursing staff, administrative leaders, and PCHS nursing students. Together, we have worked to support the educational goals of nurses as well as the advancement of holistic health and integrative medicine approaches in the inpatient setting and in local communities.”

*Debra Albert, DNP, MBA, RN, NEA-BC
Chief Nursing Officer & Senior Vice
President for Patient Care Service*



ADMISSIONS PROCESS:

At Pacific College, we strive to bring holism into all we do. **We honor all aspects of our students. This includes each person's uniqueness, diversity, experience, gifts, attributes, and academic metrics.** Simultaneously, we want to be sure this is a good fit for all who apply, while remaining true to our college's mission, vision, values, diversity, and desired educational and workforce outcomes. Our holistic admissions review process is modeled on the AACN Holistic Admission Core Principles (2016).

Basic qualifications for acceptance into our MSN Program:

1. **BSN** (CCNE, ACEN, or NLN CNEA accredited)
2. **Active unencumbered RN license** in state or jurisdiction where student's clinical experiences will occur
3. **3.0 GPA** (Official cumulative GPA)
4. **English language proficiency**



APPLICATION CHECKLIST

For review of your application, please submit **ALL** of the following by the application deadline:

1. **RN License:** Current and in good standing
2. **Official Transcripts:** From all higher education schools attended
3. **Resume or CV:** Concise and easy to read
4. **Personal statement** describing motivation for pursuing an MSN focused on holistic nursing. The essay should be typed, double-spaced, and approximately 1 to 2 pages in length.

[CLICK HERE TO APPLY NOW](#)

[CLICK HERE TO CONTACT
AN ADMISSIONS REP](#)

TUITION AND FEES

Tuition: \$550/credit

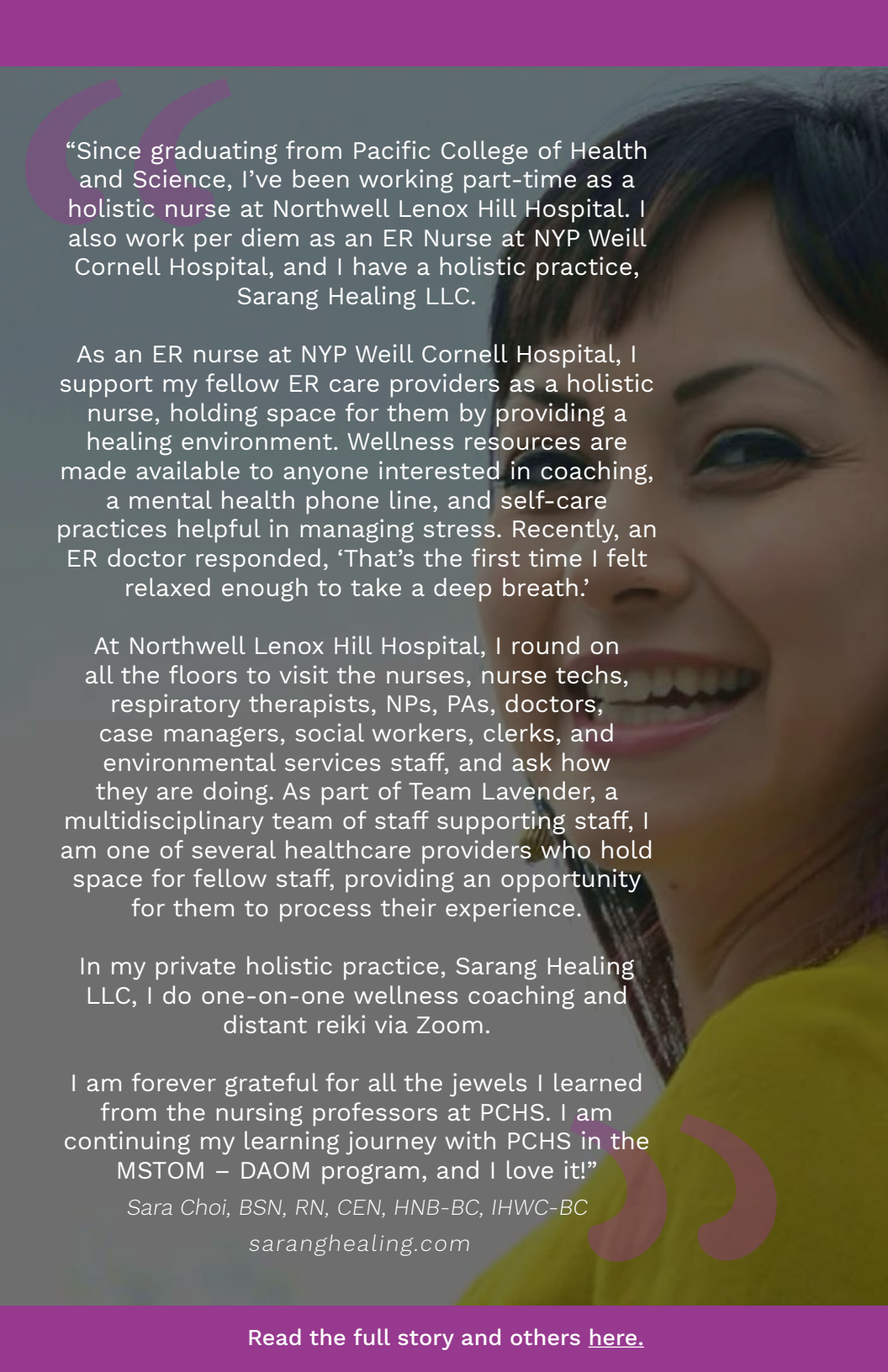
Fees:

- Books and Supplies: \$1200
- Application Fee \$50 (not refundable) (fee waived for US veterans)
- Administrative Fee, per term \$40 (not refundable)
- Student Council Fee, per term \$10 (not refundable after add/drop period)
- Technology Fee, per term \$150

FINANCIAL AID INFORMATION

- Need 6 Credits/Trimester to get Financial Aid
- Pacific College Financial Aid Information: [Click here](#)
- FAFSA Application Information and Deadlines: [Click here](#)
- Nursing Scholarship Links:
 - Finding Nursing Scholarships and Grants: [Click here](#)
 - Nurses Educational Funds: [Click here](#)
 - Oncology Nurses Foundation: [Click here](#)
 - Tylenol Future Care Scholarship: [Click here](#)
 - Nurse Corps Scholarship Program: [Click here](#)





“Since graduating from Pacific College of Health and Science, I’ve been working part-time as a holistic nurse at Northwell Lenox Hill Hospital. I also work per diem as an ER Nurse at NYP Weill Cornell Hospital, and I have a holistic practice, Sarang Healing LLC.

As an ER nurse at NYP Weill Cornell Hospital, I support my fellow ER care providers as a holistic nurse, holding space for them by providing a healing environment. Wellness resources are made available to anyone interested in coaching, a mental health phone line, and self-care practices helpful in managing stress. Recently, an ER doctor responded, ‘That’s the first time I felt relaxed enough to take a deep breath.’

At Northwell Lenox Hill Hospital, I round on all the floors to visit the nurses, nurse techs, respiratory therapists, NPs, PAs, doctors, case managers, social workers, clerks, and environmental services staff, and ask how they are doing. As part of Team Lavender, a multidisciplinary team of staff supporting staff, I am one of several healthcare providers who hold space for fellow staff, providing an opportunity for them to process their experience.

In my private holistic practice, Sarang Healing LLC, I do one-on-one wellness coaching and distant reiki via Zoom.

I am forever grateful for all the jewels I learned from the nursing professors at PCHS. I am continuing my learning journey with PCHS in the MSTOM – DAOM program, and I love it!”

Sara Choi, BSN, RN, CEN, HNB-BC, IHWC-BC
saranghealing.com

Read the full story and others [here](#).



CORE VALUE STATEMENT & CORE VALUES

All members of the Pacific College community embody the intention of improving lives exponentially by supporting health and well-being through our daily actions. We lead by example and by practicing the values of:

Integrity

Mindfulness

Compassion

Critical Thinking

Collaboration

Education

VISION

Pacific College is the recognized leader in delivering traditional medicine and integrative health science education to practitioners and the public.

Pacific College is a catalyst for the adoption and expansion of traditional medicine and integrative health science principles, practices, and research, empowering individuals to gain and maintain health and enjoy life.

Pacific College is contributing to the transformation of the structure and economics of healthcare by bringing education and integrative health science to where people live, learn, and play.





PACIFIC COLLEGE
of HEALTH AND SCIENCE

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Admissions-MSN@PacificCollege.edu
PacificCollege.edu/Nursing/MSN