



PACIFIC COLLEGE
of HEALTH AND SCIENCE

Pacific College
and The Academy of Advanced Cosmetic
Facial Acupuncture™

present

Facial Applications for Cosmetic Enhancement

FACE



RESERVE YOUR SPACE!

Limited availability for the
January 2022 Class

ABOUT FACE

This advanced training and mentoring program is offered exclusively to licensed acupuncture professionals and advanced level Pacific College students who are interested in enhancing their facial acupuncture skills to grow their practice, or in pursuing a career focused on cosmetic facial acupuncture.

The program offers a flexible combination of virtual interactive classroom learning and hands-on, intensive clinical mentorship and training. In addition to the core style of Eastern and Western medical approaches of cosmetic facial acupuncture, participants will be introduced to skills and strategies developed and mastered by internationally renowned leaders in the field of acupuncture and facial aesthetics including Shellie Goldstein, Matt Callison, Mary Elizabeth Wakefield, Michelle Gellis, Deirdre Courtney, and Carrie Hart.

It is offered as a certificate program and qualifies for 8 credits of college education and 142.5 continuing education hours (including 2 Safety and 2 Ethics) pending from NCCAOM, CA, and FL.

Financial assistance available.

PROGRAM OUTLINE

3 CLASSES:

1. FACE Theory (4.5 units / 67.5 hours)
2. FACE Clinic (1.5 units / 45 hours)
3. FACE Case Studies and Presentations (2 units / 30 hours)

SEMESTER 1

- 112.5 continuing education hours:
 - 67.5 didactic hours January-April 2022
 - 5 days (45 hours) of live hands-on mentorship and clinical training:
 - » April 20-24, 2022 at the New York City campus
 - » Or April 26-30, 2022 at the San Diego campus

SEMESTER 2

- 30 continuing education hours
- Case study presentations and practical mentorship



CLASS TOPICS INCLUDE:

Anatomy of the face

Muscles of expression

Facial neurophysiology and neurological disorders

Acupuncture strategies and points for cosmetic enhancement from both Eastern and Western perspectives

Motor points of the head, neck, and face

Submuscular needling and scalp acupuncture for enhancing appearance

Facial diagnosis: organs of the face, emotional maps, wrinkles, and other facial markings

Auricular acupuncture

Ancillary methods: facial gua sha, facial cupping, dermarolling, microcurrent, light emitting diodes (LEDs)

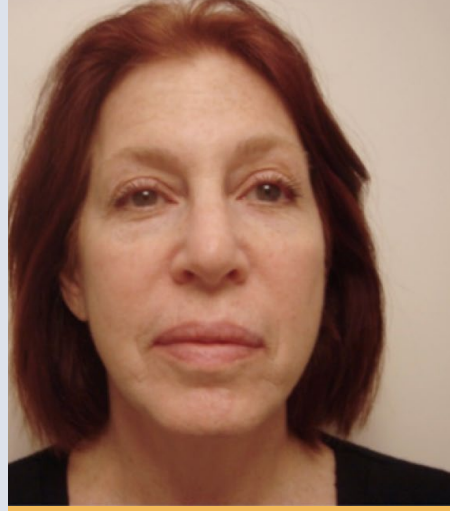
Skincare in Eastern and Western medicine

Safety and ethics in appearance enhancement

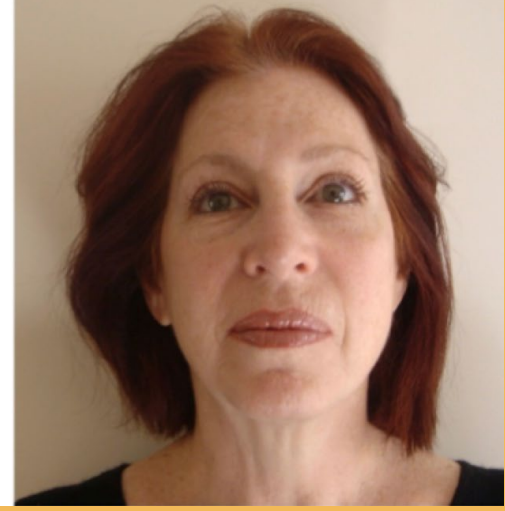
Case study review

Case presentations

Creating and growing a successful practice.....*And more!*



Before



After

PROGRAM HIGHLIGHTS



3 CLASSES/ 8 CREDITS/ 142.5 CEUS
(includes Safety & Ethics, pending)



HYBRID PROGRAM:

97.5 hours of virtual continuing education hours + 45 hours of on-campus, hands-on training



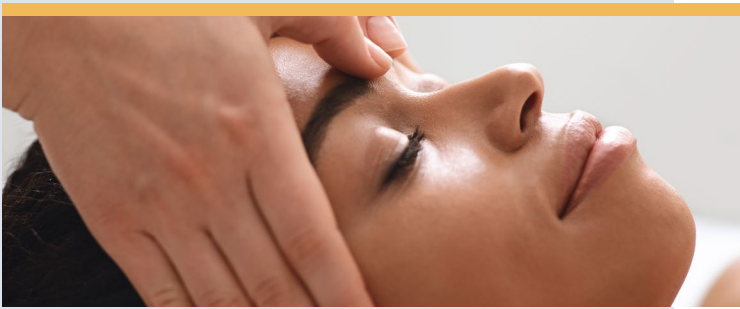
ELITE faculty of facial acupuncture experts



Pacific College of Health and Science is **ACCREDITED BY WSCUC**



Tuition: \$5,050: **FINANCIAL AID** and financing options available for those who qualify



[Request a call back](#)

MEET YOUR FACULTY



Shellie Goldstein, DACM, AP, LAc, doctor of acupuncture and Chinese medicine and board-certified licensed acupuncturist, is the founder of the Academy of Advanced Cosmetic Acupuncture and Shellie Goldstein Acupuncture. She is the author of *Your Best Face Now: Look Younger in 20 Days With The Do-It- Yourself Acupressure Facelift* and the creator of *Touch + Glow: The Natural Facelift Kit*. Shellie is a recognized authority in the field of cosmetic facial acupuncture.



Matt Callison, LAc, is a renowned instructor, author, and authority in motor point acupuncture. Matt has over 27 years of experience in sports medicine, acupuncture, and cadaver dissection.



Mary Elizabeth Wakefield, LAc, is an internationally-renowned facial acupuncture educator, author, and the founder of the Chi-Akra Center and the Gold Standard Facial Acupuncture Program. Mary Elizabeth is one of the leading proponents of facial acupuncture and related techniques.



Michelle Gellis, AP, LAc, is licensed to practice acupuncture in both Maryland and Florida. She has been a member of the faculty and clinic supervisor at the Maryland University of Integrative Health since 2004. Michelle is the founder of the AcuLift™ Derma Roller and instructs on topics including facial acupuncture and cupping, gua sha, and neuromuscular facial conditions around the world.



Deirdre Courtney, MTCM is a leading lecturer internationally on her areas of expertise which include Facial Diagnosis; Yang Sheng; and Chinese Nutrition. Practicing in Ireland, an Acupuncturist, Herbalist and Nutrition Counselor for over thirty years, she is the author of the book *Nourishing Life the Yang Sheng Way: Nutrition and Lifestyle Advice from Chinese Medicine*.



Carrie Hart, DACM, LAc, is a doctor of acupuncture and Chinese medicine and board-certified licensed acupuncturist who holds advanced certifications in facial/cosmetic acupuncture, yoga, and nutrition. Her holistic approach to health and wellness combines modalities to enhance appearance and treat digestive issues, pain, stress and anxiety symptoms, reproductive health, women's health, and fertility.

FAQ

Would I be able to take certain classes without completing the entire program?

Yes, FACE Theory is allowed on a space available basis for PDA/CEU credits only.

Please note: In order to receive the FACE certificate, you must complete the entire program (3 classes).

Do I need to attend the live classes or will they be recorded?

Although these classes will be recorded and available for review later, you must attend all online classes if you are seeking to receive continuing education credits (per Continuing Education body guidelines)

Do I need to attend the clinical on-ground classes or will they be recorded?

These classes will not be recorded. In order to obtain a certificate of completion for the FACE program you must attend the clinical on-ground classes.

How long is the live-clinical training portion of the program?

The live-clinical training portion of the program is 5 consecutive days of intensive hands-on clinical mentorship with leaders in the field of acupuncture and facial aesthetics.

Where is the live-clinical training portion of the program located?

The live-clinical training portion of the program will be offered at the Pacific College of Health and Science campuses in New York City and San Diego. In order to successfully complete the program, you will need to attend one of the two available live portions.

What options are available to finance my training?

Federal financial aid is available for those who qualify and, for those not receiving financial aid, payment plans are also an option. For additional information, please contact Pacific College of Health and Science.

TESTIMONIALS FOR THE FACE PROGRAM!

“It has been so enlightening to do this program!
It far surpassed my expectations!”

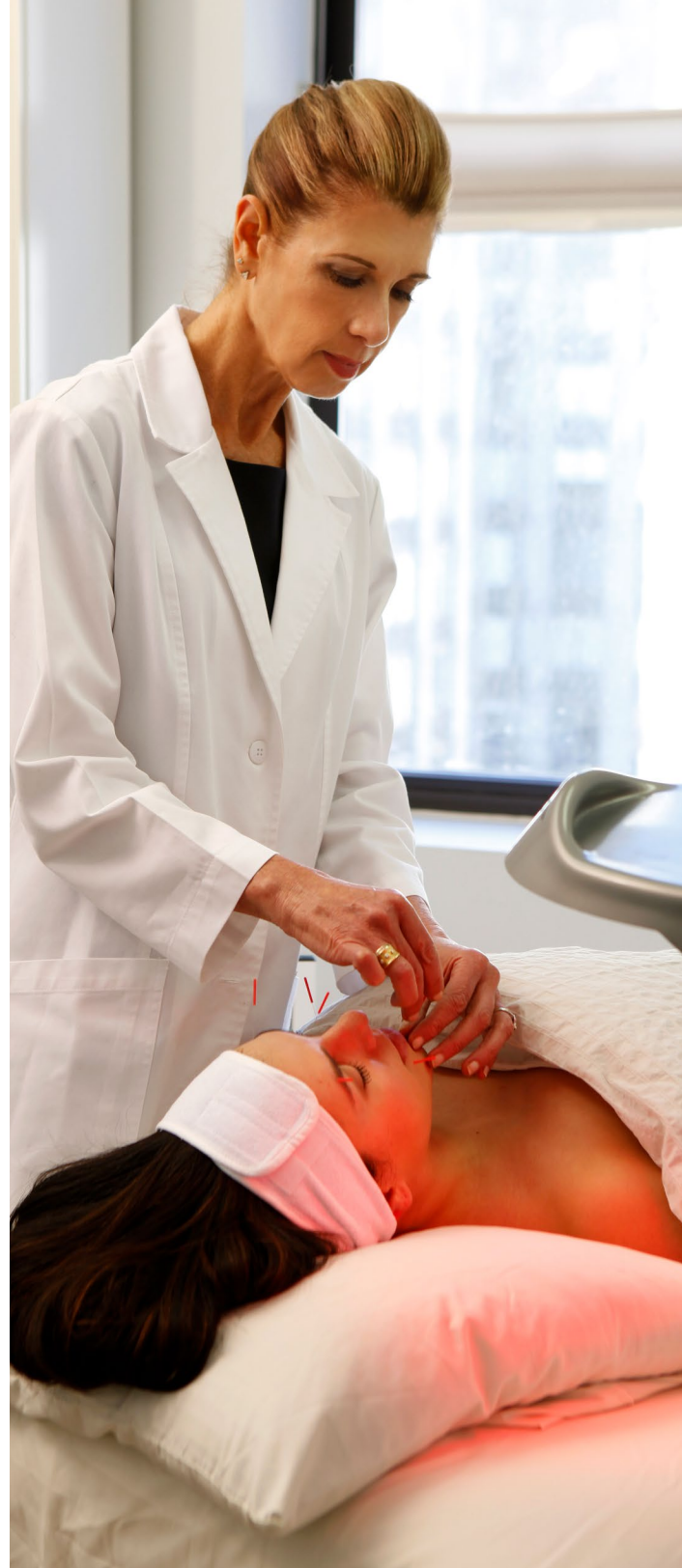
Dr. Lamya A Kamel DAOM, L.Ac, Dipl. OM

“I had always known Shellie as the best in her field and a gifted teacher. What impressed me the most in this course was her aspiration to bring together all the guest speakers whose methods and styles are completely different from hers. The abundance of elements in this course provided an eye-opening learning experience which has inspired my own practice.” **Tedi Zeng, DACM, LAc, Chatham, NJ**

“I would recommend this certificate program to any entry-level or advanced practitioner providing facial acupuncture services. I have attended the program two years in a row, and I have either learned new or refreshed old knowledge and skills from a variety of educated and well-known speakers who shared rich, stimulating, first-hand knowledge and experience. Shellie has brought in so many elements and approaches to prepare us for getting into the practice of facial acupuncture. This program offers a combination of Eastern and Western medicine as well as theory and hands-on practice that you will not want to miss.”

Mei-Hua Chen, DACM, MS, MPH, DiplOM, LAc, RDN, CDN, CDCES, Wu Wei Holistic Acupuncture PC, NYS

Ready to Apply? [Click here](#)



PacificCollege.edu/face

(619) 353-5999 | FACE@PacificCollege.edu



PACIFIC COLLEGE
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WSC
Senior College and
University Commission

Pacific College is accredited by WSCUC