



# RN-TO-BSN (HOLISTIC NURSING)



[www.PacificCollege.edu](http://www.PacificCollege.edu)

A close-up photograph of a young woman with voluminous, curly, light brown hair. She is smiling broadly, showing her teeth, and looking slightly to her right. She is wearing a blue garment, likely a nursing uniform. In the background, two other individuals are partially visible, one wearing a white lab coat and a blue surgical cap, and another wearing a blue cap. The background is softly blurred.

**Our curricula are guided by the core values, scope, and standards of nursing practice of the:**

- American Nurses Association (ANA)
- National League for Nursing (NLN)
- American Academy for Colleges of Nursing (AACN) 2021 Essentials
- Accreditation Commission for Education in Nursing (ACEN)
- American Holistic Nurses Association (AHNA)
- American Nurses Credentialing Center (ANCC)
- American Holistic Nurses Credentialing Center (AHNCC)

# WHY HOLISTIC NURSING?

Across the U.S., patients are increasingly seeking out natural, evidence-based solutions, leading health practitioners to offer care centered on holistic healing and integrative medicine.

**The philosophical and scientific evolution in the healthcare industry is driving demand for nurses skilled in providing alternative and holistic treatments to help patients achieve spiritual, emotional, and physical balance.**

Pacific College's holistic and integrative nursing programs aim to reconnect you with your purpose for being a nurse, and inspire you to promote much needed shifts in healthcare for the health and well-being of all!

**Your patients and their loved ones are demanding these changes!**

## INNOVATIVE CURRICULA

PCHS' nursing programs are uniquely **designed to blend rigorous nursing education with a personalized, patient-centered approach.** In addition to actively preparing for licensure or certification exams, PCHS students are offered unique classes such as Modalities of Health (NR424), Psychoneuroimmunology (WS423), Nurses as Facilitators of Healing (NR301c), and Leadership in the Delivery of Healthcare (NR405e).

Nursing has always been an art and science emanating from a caring-healing framework. Today, healthcare is being compelled to shift from a reactive, disease-oriented paradigm to one that honors traditional medicine, as well as integrative healing modalities, wellness, and prevention.

**Experience personal and professional growth while leading a deeply transformative movement!**



[Click here to watch a video about PCHS' unique approach to nursing education!](#)



# RN-TO-BSN PROGRAM OPTION (HOLISTIC NURSING)



**42 to 60 credits** (based on transcript evaluation).



**Online coursework.** Clinical practica are done in your own locale/community.



Students **learn both holistic AND allopathic** approaches to healthcare.



**Can be completed in 4 terms** as a full-time student, or 7-9 terms as a part-time student.



Accredited by the **Accreditation Commission for Education in Nursing (ACEN).**



Recipient of the **“2022 Excellence in Holistic Nursing Education”** award.



This program is AHNCC endorsed. Upon completion, you will be prepared and eligible to take the AHNCC certification exam to become a board-certified holistic nurse by sitting for the HNB-BC certification exam.

[Learn more here!](#)

## RN-TO-BSN (CONTINUED)

The curriculum emphasizes self-care, health, wellness, and disease prevention; relationship-centered approaches; research and evidence-informed practice; ethics; diversity, equity, and inclusion; advocacy; and authentic leadership within the profession and beyond.

### THIS BACHELOR'S DEGREE ENABLES GRADUATES TO:

- Empower patients/clients/families by teaching whole-person healing and self-care practices for a healthier lifestyle.
- Assist individuals and families to manage stress, make healthy changes, and prevent disease by improving health and well-being.
- Guide individuals and families between the conventional allopathic medical system and integrative therapies and systems.
- Incorporate holistic integrative modalities with other nursing interventions.
- Work on integrated health teams.
- Practice in a variety of settings.
- Deepen reflective nursing practice and self-care into personal and professional life.

### COURSEWORK INCLUDES:

- Theoretical Foundations of Holistic Nursing
- The Nurse as Facilitator of Healing: Role and Modalities
- Community Health Nursing/Population-Focused Healthcare
- Leadership in the Delivery of Healthcare
- Research in Nursing
- Issues and Trends
- Psychoneuroimmunology
- Plus a variety of support courses and electives to choose from, **including Medical Cannabis courses!**





# PRACTICAL INFORMATION

## ADMISSIONS REQUIREMENTS

- RN license
- GPA of 2.75 or higher
- English language proficiency

### 1. TUITION:

- \$482/credit

### 2. FEES (ALL STUDENTS):

- a. Books and Supplies\* RN-to-BSN: **\$2,990**
- b. Application Fee **\$50**  
(not refundable) (fee waived for US veterans)
- c. Administrative Fee, per term **\$40**  
(not refundable)
- d. Student Council Fee, per term **\$10**  
(not refundable after add/drop period)
- e. Technology Fee, per term **\$150**

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**Students may defer current Title IV loans while enrolled in the program.**

(\*) The cost for textbooks and supplies is approximate, based on current requirements and prices. Students are not required to purchase textbooks and supplies from the school. Standard Fees (apply to all students).

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# SCHEDULE AND COURSE DELIVERY

The didactic classes are offered online, using a combination of live classes and asynchronous coursework with defined outcomes. Live classes are delivered in real time, with audio and video connection to faculty and fellow students. They are recorded in case you have to miss them.

Each program includes mandatory clinical practica. All practica are done in the student's locale. **Faculty and staff support the process of each student finding their own preceptor.**

**We work hard to create a safe teaching/learning environment and strengthen important collegial relationships.** The connection among students is comparable to that of on-site classes with the added benefit of attending from the comfort and convenience of your home.

**A full-time student can complete the RN-to-BSN program option in four semesters.** A part-time schedule is also available.







# ACCREDITATION



The nursing programs at Pacific College of Health and Science are registered with the New York State Department of Education and approved by the Board of Regents.



Pacific College of Health and Science is accredited by: Western Association of Schools and Colleges Senior College and University Commission – WASC (WSCUC): 985 Atlantic Avenue, #100; Alameda, CA; 94501; 510-748-9001; [www.wscuc.org](http://www.wscuc.org).



Pacific College of Health and Science's Bachelor of Science in Nursing and Master of Science in Nursing programs are accredited by the Accreditation Commission for Education in Nursing (ACEN): 3343 Peachtree Road NE, Suite 850; Atlanta, GA, 30326; 404-975-5000; [www.acenursing.org](http://www.acenursing.org).



All nursing programs incorporate the standards of Holistic Nursing as published by the American Association of Holistic Nurses and the American Nurses Association (3rd edition, 2019) and course content is aligned with the test plans of certifications by the American Holistic Nurses Credentialing Corporation (AHNCC): 81 Linden Loop; Cedar Park, TX 78613; 900-463-0786, ext. 11; [www.ahncc.org](http://www.ahncc.org). The MSN specialty track in Holistic Nursing Coaching incorporates the competencies of The Art and Science of Nurse Coaching by the American Nurses Association (2nd edition, 2021) and course content is aligned with the test plan of Nurse Coach certification by AHNCC.

**PACIFIC  
COLLEGE'S  
ONLINE  
EDUCATION  
EXPERIENCE**

Pacific College of Health and Science has been at the forefront of online education in each of the professions it represents. Forgoing what at the time was standard online education, i.e., PowerPoint slides, reading assignments and online forums (in other words, boring and uninspiring), Pacific College embraced live, synchronous and asynchronous, online delivery to replicate the closeness and camaraderie of the on-site educational experience, all while providing the convenience of online education. **Our teaching methodologies are innovative, experiential, co-creative, effective, and engaging.** Students and faculty see and hear each other, share their thoughts and assignments, consider real-world issues, and work in groups in real time from the comfort of their home or office.



Pacific College can achieve such outcomes because its online team includes not only the widest variety of subject matter experts, but also **specialists in online instructional design who work closely with faculty members to ensure the best online educational experience.**

### **All classes at Pacific College apply the most relevant and current tenets of adult education theory:**

1. Adult learners are self-motivated, goal-driven, self-directed and accountable in learning.
2. Adult life experiences contribute to learning and enrich the classroom experience.
3. Adults learn best by applying the information they need to learn.
4. Adults need to see the relevance of the knowledge being delivered.

**All students have access to the college's extensive electronic [library resources](#),** including the Cochrane Library of systematic reviews, the ProQuest Ebooks Central and Nursing and Allied Health databases, plus AltHealth Watch, CINAHL, Medline with full text, and a significant selection of ejournals through EBSCO Host. All these resources can be accessed through the search box at the top of the library's web page. Articles that are not available as full text can be requested through InterLibrary Loan (ILL).



“Increasingly, hospitals and other healthcare agencies require nurses to be well-rounded, protect and promote health and wellness, and have their bachelor’s degree. As Senior Vice President, Patient Care Services and Chief Nursing Officer, **I look forward to having Pacific College’s Nursing graduates working at our institution.**”

Kimberly S. Glassman, PhD, RN, Senior Vice President, Patient Care Services and Chief Nursing Officer – NYU Langone Medical Center



(855) 650-0552

[PacificCollege.edu/Nursing/RN-BSN](https://PacificCollege.edu/Nursing/RN-BSN)

[Admissions-Nursing@PacificCollege.edu](mailto:Admissions-Nursing@PacificCollege.edu)

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## READY TO APPLY?

Click below to access the PCHS online application form.

[\*\*Apply Here!\*\*](#)

Or fill out the contact form on this page to be contacted by a Pacific College representative.

[\*\*Fill Out Form\*\*](#)