

A woman with dark hair in braids, wearing blue scrubs, stands with her arms crossed in a classroom setting. In the background, there is a model of a human spine, a poster titled "THE MUSCULAR SYSTEM", and a shelf with binders. A large white arrow graphic points from the bottom left towards the center.

MASSAGE THERAPY



PACIFIC COLLEGE
of HEALTH AND SCIENCE

pacificcollege.edu/massage



MASSAGE THERAPY: A HEALTHCARE CAREER WITH HEART AND SOUL

A career as a massage therapist is rewarding in many ways. Not only will your skills be in high demand, but you'll also help people recover from injuries, manage chronic pain, release stress, and feel better overall.

Massage therapists can work in a variety of settings such as medical clinics, chiropractic offices, massage clinics, spas, resorts, cruise ships, gyms, or even build their own private practice. The variety of work opportunities is definitely a perk of this career path. This flexibility means you can find a new position if you need to relocate or make a change.

The field also offers solid income potential. According to data from the [Bureau of Labor Statistics](#), massage therapists earn an average of \$47,000 a year working part-time. The highest-paid massage therapists can earn around \$78,000 a year. The best place to work for higher income potential are chiropractic offices and resort spas, but massage clinics such as Hand & Stone, Elements Massage, and Massage Envy offer more regular hours as well as other benefits.

Many massage therapists state that the ability to improve the health of their clients and their communities brings them great satisfaction and a sense of purpose. Furthermore, as you build a client base and mature as a professional, you will potentially acquire long-term clients that can become helpful connections in other areas of life.

As you develop your craft as a massage therapist, you will find multiple opportunities to extend your knowledge. Adding specialties like shiatsu, prenatal, or medical massage for specific conditions can help you diversify your practice and add higher-paying services. You will need to earn continuing education credits to renew your license, so professional growth is built into your career.



FIVE REASONS TO PURSUE YOUR MASSAGE THERAPY EDUCATION AT PACIFIC COLLEGE



WELL-ROUNDED EDUCATION

At Pacific College of Health and Science, you will learn to use techniques that combine Eastern bodywork traditions with Western science. This will give you a clear competitive edge since you will gain skills that prepare you to work in any type of environment, from chiropractors to spas to private practice. You will receive in-depth training in all the Western bodywork modalities like at any other massage school, such as Swedish massage, sports massage, neuromuscular therapy, and even prenatal massage or aromatherapy. In addition, depending on your campus of choice, you may also select courses from a wide array of electives including acupressure, Chinese tui na, Japanese shiatsu, Thai massage, taiji, qigong, and more.



REAL-WORLD EXPERIENCE

Each campus boasts a busy clinic open to the public where, towards the end of your training, you will work with real clients under the supervision of an instructor. At the campus clinics, you will gain valuable experience and learn how to use these modalities in the context of a diverse array of conditions and body types.



ACCREDITATION



Pacific College's massage therapy programs are endorsed under the umbrella of our prestigious institutional WASC [accreditation](#). The San Diego programs are also approved by the California Massage Therapy Council (CAMTC).



TRANSFERABLE CREDITS

Once you enroll at Pacific, you become part of the largest family of holistic healthcare students and graduates in the US. You get to learn about other interesting programs such as acupuncture or holistic nursing, even medical cannabis, and can opt to continue your education to the graduate level with our prestigious master and doctorate programs.



ALUMNI SERVICES

The Pacific College Alumni Network (PCAN) offers many [opportunities](#) and benefits such as career assistance, patient referrals, library access and free directory listing for your private practice once you obtain your license!

INTEGRATE WESTERN SCIENCE AND EAST ASIAN MODALITIES

Pacific College's massage therapy programs reflect the college's respect for the "complete" massage practitioner. You will receive in-depth training in all the Western bodywork modalities like at any other massage school, while also having the opportunity to select courses from a wide array of electives such as acupressure, tui na, shiatsu, Thai massage, and more.

We challenge students to grow personally and professionally so that they may understand their role as a natural and evidence-driven healer in restoring their clients' spiritual, mental, and physical well-being.

You may choose to study at one of our two beautiful campuses in San Diego or New York. In each program, you will also get a chance to practice your skills on the public at one of our busy on-site clinics, under the supervision of an instructor.

SAN DIEGO

- Associate of Applied Science in Massage Therapies
- Certificate in Massage Therapy/Asian Bodywork

NEW YORK

- Associate of Occupational Studies in Massage Therapies, AOS



CORE BELIEFS & INSTITUTIONAL LEARNING OUTCOMES

Since our inception, we have believed that health is more than the absence of disease and must include the balance of the mind, body, and spirit. **Pacific College views medicine as preventative, holistic, and patient-centered.** All members of the Pacific College community embody the intention of improving lives exponentially by supporting health and well-being through our daily actions.

CRITICAL THINKING

Identify and solve problems that require the integration of multiple contexts.

ETHICAL AND MORAL DECISION-MAKING SKILLS

Demonstrate the highest quality of decision-making, governed by ethical principles, integrity, honesty, and compassion.

EVIDENCE-INFORMED PRACTICE

Utilize best available research and apply relevant findings to teaching, learning, and the care of patients, clients, families, and communities.

INTEGRATIVE HEALTH

Understand factors that influence health, wellness, and disease including mind, body, spirit, and community.

COMPASSIONATE PRACTICE

Provide compassionate approaches to healthcare delivery when interacting with patients, clients, families, and communities.

INTERPERSONAL COMMUNICATION SKILLS

Use interpersonal skills to maintain professional relationships with patients, clients, healthcare professionals, and communities.

COLLABORATION SKILLS

Collaborate with patients, clients, healthcare professionals, and communities to develop plans of care to achieve positive health outcomes.

EQUITY, DIVERSITY, AND INCLUSION

Interact and collaborate with diverse individuals and groups while acknowledging each other's perspectives and biases.

LIFELONG LEARNING

Engage in lifelong self-directed learning to validate continued competence in practice.



PRACTICAL INFORMATION

START DATES:

- Winter: January
- Spring: May
- Fall: September

PREREQUISITES:

- Official high school transcripts, GED certificate, or college degree transcripts
- 2.0 high school GPA or college GPA* or successful passage of Wonderlic Exam (**Must have taken 12 or more General Education units for college GPA to meet prerequisites.*)

ADMISSIONS REQUIREMENTS:

- Interview with Admissions Representative
- Completed application
- \$50 application fee
- 2-3 sentences detailing interest and motivation to complete the program
- Official high school, GED, or college degree transcript
- Final interview with member of the Admissions Committee

PROGRAM LENGTH:

- MTH (San Diego): 36 units / 3 terms full-time (1 calendar year)
- AAS (San Diego): 60 units / 5 terms full-time (20 months)
- AOS (New York): 65 units / 5 terms full-time (20 months)

TUITION & FEES:

- Varies by program and campus, as well as the number of credits transferred
- Financial aid and other financing options available for those who qualify



READY TO APPLY?

APPLY ONLINE

CLICK BELOW TO
SCHEDULE AN
APPOINTMENT AND CHAT

[San Diego](#)

[New York](#)

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