



Pacific College of Oriental Medicine

ADDENDUM TO FALL 2010-2011 CATALOG

San Diego Catalog

1/20/12

Page 8- “Licensing Examinations” section changed to “Licensing Examinations and Requirements”

An additional paragraph added to the end of this section:

“There are two options for massage certification by the state of California, a Certified Massage Therapist (CMT) and a Certified Massage Practitioner (CMP).

A Certified Massage Therapist (CMT) holds the highest level of certification offered by the CAMTC, and requires the equivalent of five hundred (500) or more hours of formal education and training in Massage Therapy.

A Certified Massage Practitioner (CMP) requires between 250 and 499 hours of Massage Therapy training from an Approved School, and at least one hundred (100) of your hours of education were devoted to instruction addressing anatomy and physiology, contraindications, health and hygiene, and business and ethics.

For practical purposes, a Certified Massage Practitioner (CMP) can provide services according to training and experience that are similar to services provided by a Certified Massage Therapist (CMT), and can benefit from all aspects of CAMTC Certification in the same way as a CMT. A CMP can work anywhere in California, just like a CMT (remember that a business license is still required to own your own business, or to be self-employed). However, the “Certified Massage Practitioner” title will likely phase out completely as higher educational standards for Massage Therapy training are adopted in California.

It is important to note that the “Certified Massage Practitioner” (CMP) route for first-time applicants will completely disappear by the end of the year 2015. However, if a practitioner is still certified in good standing as a CMP by the end of the year 2015, then the CMP certification may continue indefinitely, so long as the CMP certification is renewed in a timely manner every two years.”

Page 25, Pacific College Libraries

Following the subsection “Holdings”- the addition of the following:

Equipment & Resources

The computer media lab has 11 workstations. There are currently 9 PCs and 2 Macintosh computers, 2 VCR/TVs, an audio tape player, and copier/printer for use in the library. Computer use is on a first-come first-served basis. A library assistant and/or Work Study student assistant are available during regular library hours to help students with questions. Health Information Literacy instruction is provided in several PCOM classes. In addition, computer tutorials for database access are available online and special assistance/training is provided to students, staff and faculty.

Borrowing Privileges

A PCOM student ID is required to check out library materials. Books may be checked out for two weeks. Materials may be renewed once, at the front desk, or by calling. Audio, video tapes and CD/DVDs may be checked out for one week. Materials may be returned to the library desk assistant or placed in the library lobby’s book return box.

Page 39- WS511 Anatomy 1

Correction: *(General Education Course that may be offered as Distance Education pending ACAOM approval) (listed in error as “Applied General Education”)*

Page 56 The course names for the BHS program should read as the following:

Applied General Education Coursework:

- Pathology for Massage Therapists
- Kinesiology

Page 60 Advanced Massage Modalities, edited description:

“This course presents an introduction to some of the most sought after treatments performed by massage therapist in a professional bodywork setting. These techniques often involve the application of heat or cold, various carrier oils, essential oils, herbs, salt or sugar scrubs, heated stone massage and chair massage. As such, safety is of primary importance in applying these enjoyable and popular techniques.”

Page 60-61 Stretching & Traction:

Prerequisite added: BT141a Thai Massage 1

Page 67: Course Description Update: College Mathematics (MA101)

This course provides a working knowledge of college-level algebra and its applications. Emphasis is on solving linear and quadratic equations, word problems, and polynomial, rational and radical equations and applications. Students perform operations on real numbers and polynomials, and simplify algebraic, rational, and radical expressions.

Arithmetic and geometric sequences are examined, and linear equations and inequalities are discussed. Students learn to graph linear, quadratic, absolute value, and piecewise-defined functions, and solve and graph exponential and logarithmic equations. Other topics include solving applications using linear systems, and evaluating and finding partial sums of a series. Prerequisite: Math Placement Exam

Page 69 - 71

Model Curricula (see attached updated model curriculum for the following programs:

Massage Therapist Certificate

Associate of Science (AS)

Associate of Applied Science (AAS)

Page 78 Study Skills Program

Added: "In addition, students entering other Pacific Programs with no college experience or a college GPA of 2.0 or below, are required to take the Study Skills 1 class."

Page 79 – Deleted under Bachelor of Health Science:

"Applicants with an undergraduate grade point average of 2.75 or greater will be considered for full acceptance to the program."

(The Admissions requirement is currently 2.0 GPA)

Page 79 Requirements for Admission: Mental and Physical Qualifications

Removed: •Absence of transmittable illness

Added: •Manual dexterity sufficient to grasp and press

•Ability to stand or kneel *for at least one hour or find an alternative method to perform the techniques*

Page 84 Acupuncture Transfer Student Fee

Changed to: "...[the transfer credit assessment fee] will be credited towards tuition upon matriculation"

Page 87- San Diego Campus Tuition and Fees

Updated amount:

Registration fee, per term (*not refundable*) \$30

Page 92 – Staff/Committee Chart Corrections/Changes

San Diego Advisory Committees:

Massage: Lisa Lane, MA removed; Scott Dinho, MA and James Rohr, MSTOM added.

Masters: Lisa Lane, MA removed

Institutional Administration: Suzanne Karsten replaced Gina Baxley as VP of Admissions. Suzanne is also the VP of Marketing.

Campus Administration:

Bob Damone is now Academic Dean of just the MSTOM Program.

Deborah Ruess, HHP, BA is the new:
Dean of Department of Asian Holistic Health and Massage

Page 93 Application

Now asks for the applicants "Legal" name.

Page 102- General Transfer Credit Policy

•This line has been voided:

"10. At least 25% of any program must be completed at Pacific College."

•The following is the correct policy:

"10. The majority of any program must be completed at the college. This means that transfer credit, (except from CAB approved acupuncture colleges), is limited to less than 50% of a program to earn a Pacific College of Oriental Medicine certificate or degree."

Page 102 Massage Program Transfer Credit

•This sentence should be edited to read: "Transfer credit for courses taken at massage schools is limited to [less than] 50% of each massage program...."

Page 102 Challenge Exam Section

Added: "Massage students must complete their challenge exams before the end of their first term enrolled at the college."

Page 105- Account Balance

Statement changed:

Account balances remaining after payment due dates are subject to a 9% annual interest rate.

Page 117 (new) Calculation of Grade Point Average (GPA)

Your grade point average (GPA) is calculated by dividing the total amount of grade points earned by the total amount of credit hours attempted. Your grade point average may range from 0.0 to a 4.0.

P/NP (Pass/No Pass) courses are not factored in the student's GPA. I (Incompletes) and W (Withdrawals) do not receive grade points and do not have an effect on the GPA.

Page 122 Comprehensive Exam Completion Requirements

(Italicized portion indicates the new policy.)

A score of 70% must be earned overall and on each subsection of a comprehensive exam to progress further in the program. However, a student who fails any section of the exam may advance in academic courses for one term only (probationary term), and in no case shall a student enter Term 6 or Term 9 courses without passing all sections of the first and the second comprehensive exams, respectively. In addition, a student cannot move on to Level 5 or Level 8 classes without sitting for the 1st Year or 2nd Year Comprehensive Exams, respectively.

Students will only be granted an attempt to pass any failed section at the end of probationary term. These retakes will take place during the 15th week of the probationary term. Failure to retake and pass a comprehensive exam at the end of the probationary term will result in the student being dropped from Internships and any course for which the respective comprehensive exam is a prerequisite, or any courses determined by the Academic Dean.

A second failure of any comprehensive exam necessitates a meeting between the student and a member of the Admissions and Advancement Committee, and requires the student to document 10 hours of tutoring with an approved tutor or faculty member, or take remedial, non-credit coursework with, prior to a third attempt at passing the examination.

A third failure of any comprehensive exam necessitates a meeting between the student and the Academic Dean, and requires the students to do a semester of remediation. The Academic Dean, taking into account the specific student's needs, devises the remedial plans. Remedial plans include retaking courses where they performed poorly (for a grade), more tutoring, SSP classes, and then the fourth and final attempt at the section(s) of the comps that they failed. No new coursework can be done during this remedial period.

Students have four attempts to pass the comprehensive exams before disqualification. Failure of the final comprehensive examination results in a bar to graduation.

Page 124- Master's Comprehensive Examinations Comprehensive Examination Completion Requirements

Verbiage edited-

Students failing any section of the first or second comprehensive exam three times will be disqualified from the program and must complete a remedial plan devised by the Academic Dean and pass the section(s) of the comprehensive examination in need of remediation before reapplying to the MSTOM program. If the student is completing the remedial plan and/or retaking the exam after two terms have passed, the student must retake the comprehensive exam in its entirety in order to reapply and be considered for readmission to the program. Failure of a final attempt at a failed section of the comprehensive examination, or a failure of a final attempt at the entire comprehensive exam, results in a bar to graduation.

Page 125 Disqualification

New #4:

Message students who remediate a course failed in the previous term, but earn an "F" in another additional class during the term of remediation will not be disqualified from their program. Instead, they are required to re-take and pass the failed class the following term. Disqualification is based on failing the same class twice. However, if a student fails more than one class two terms in a row, even if the two are re-mediated the following term, this is grounds for disqualification.

Page 132- Disciplinary Procedures

Verbiage edited:

Any person may file a written complaint with the Campus Director or other Administrator regarding the actions of a specific student, faculty, or staff member. The Campus Director is informed of all complaints and works with the Academic Dean or Dean of Students to determine course of action and resolution. In some cases a Grievance Committee may be convened. In such cases the Grievance Committee, may reject the complaint or it may expel, disqualify, suspend, place on probation, or warn the student, faculty, or staff for any of the causes listed above or others that it deems reasonable.

The individual in question will be notified in writing by the Campus Director, Deans or the Grievance Committee regarding disciplinary procedures and the length, amount, or conditions of any disciplinary action.

Pacific College of Oriental Medicine, San Diego Campus

Associate of Science Degree Spring 2012

Students receive business set-up assistance/equipment worth \$1200 after completion of the MTH/AB certificate coursework.

Student Name

Term Start:

Crse #	Course Name	Units	Cr. Hrs.	Notes:	DE	Tfr	FC	ND
TERM 1:								
OM101	Oriental Medicine Theory and Points for Body Therapists	3	45					
WS111	GE3: Anatomy and Physiology 1	2.5	45		X			
BT111	Introduction to Tui Na Hand Techniques	1.5	30					
BT212	Introduction to Tui Na Structural Techniques	1.5	30					
BT101	Circulatory/Swedish Massage 1	2	45					
BU101a	Public Safety, Business and Ethics	1.5	22.5					
CF0.00	CPR/First Aid (8 hour course required)							
Total for Term 1		12	217.5					
TERM 2:								
CL201a	Introduction to Body Therapy Clinic	1.5	30					
WS212	GE3: Anatomy and Physiology 2	3	45		X			
BT131	Shiatsu 1	2	45					
BT122	Qi Gong 1	1	22.5					
BT251	Introduction to Kinesiology	2.5	45		X			
BT201	Deep Tissue Techniques	2	45					
	GE1: Information Literacy	2	30		X			
Total for Term 2		14	262.5					
TERM 3:								
CL221	Clinical Practice Shift	2	60					
WS231	Biomedical Pathology for Massage Therapists	3	45		X			
BT141	Thai Massage 1	2	45					
BT204a	Advanced Massage Modalities	2.5	45					
	GE4: Eastern & Western Philosophical & Religious Traditions	3	45		X			
Total for Term 3		12.5	240					
MTH/AB Certificate Requirements Met & Can Be Awarded								
TERM 4:								
BT206	Stretching and Traction Methods	2	45					
WS205	GE3: Basic Nutrition	2.5	37.5		X			
	GE5: Introduction to Psychology	3	45		X			
	GE1: English Composition	3	45		X			
	GE Course: Any Category*	3	45		X			
Total for Term 4		13.5	217.5					
TERM 5:								
AC101	AcuPoints for Massage Therapists 1	2.5	45					
BT261	Foot Reflexology 1	2	45					
	GE2: College Mathematics	3	45		X			
	GE Course: Any Category*	3	45		X			
	GE Course: Any Category*	2	30		X			
Total for Term 5		12.5	210					
Total Units AS Degree:		64.5	1147.5					

GE Categories:

1	GE: Written & Oral Communication
2	GE: Quantitative Principles
3	GE: Natural, Physical, or Life Sciences
4	GE: Humanities and Fine Arts
5	GE: Social & Behavioral Science

GE "Any Category" Course Choices:

				DE	Tfr	FC	ND
1	Business & Professional Communications	3	45	x			
2	Business Mathematics	3	45	x			
3	General Biology	2.5	45	x			
4	Asian History	3	45	x			
5	Lifespan Development	2	30	x			

Associate of Applied Science (Holistic Health Science) Spring 2012

Students receive business set-up assistance/equipment worth \$1200 after completion of the MTH/AB certificate coursework.

Semester Began:

Name:	SSN:								
TERM 1	Course Name	Units	Cr. Hrs	Notes:	DE	T	CH	FC	ND
	Oriental Medicine Theory and Points for Body Therapists	3	45						
	Anatomy and Physiology 1	2.5	45		X				
	Introduction to Tui Na Hand Techniques	1.5	30						
	Introduction to Tui Na Structural Techniques	1.5	30						
	Circulatory/Swedish Massage 1	2	45						
	Public Safety, Business and Ethics	1.5	22.5						
	CPR/First Aid (8 hour course required)								
	Total for Term 1	12	217.5						
TERM 2:									
	Introduction to Body Therapy Clinic	1.5	30						
	Anatomy and Physiology 2	3	45		X				
	Shiatsu 1	2	45						
	Qi Gong 1	1	22.5						
	Introduction to Kinesiology	2.5	45		X				
	Deep Tissue Techniques	2	45						
	Total for Term 2	12	232.5						
TERM 3:									
	Clinical Practice Shift	2	60						
	Biomedical Pathology for Massage Ther.	3	45		X				
	Thai Massage 1	2	45						
	Advanced Massage Modalities	2.5	45						
	Elective Course*	2.5	45*						
	Total for Term 3	12	240*						
	Grand Total MTH/AB Certificate:	36	645						
	Total Hours:		690*						
*Needed to be full time for FA, but the certificate program totals are still 33.5units/606 class hrs									
TERM 4:									
	Circulatory/Swedish Massage 2	2	45						
	Clinical Practice Shift 2	2	60						
	Stretching and Traction Methods	2	45						
	Chi Nei Tsang (Internal Organ Healing)	2	45						
	Integrative Nutrition and Health	2.5	37.5						
	Elective	1.5	30						
	Total for Term 4	12	277.5						
TERM 5:									
	AcuPoints for Massage Therapists 1	2.5	45						
	Foot Reflexology 1	2	45						
	Qi Gong 2 (Healing Hands)	1.5	30						
	Elective	2.5	45						
	Elective	2	45						
	Elective	1.5	30						
	Total for Term 5	12	225						
Associate Degree Grand Total Units/Hou		60	1192.5						

continued on next page...

Elective courses are the following:									
Acu. Points for Common Problems	2.5	45							
Acu. Points for Massage Therapists 2	2.5	45							
Aromatherapy	2	30							
Homeopathy	3	45							
Jin Shin	2	45							
Myofascial Release	2	45							
Orthopedic Assessment	2.5	45							
Pediatric Tui Na	1.5	30							
Qi Gong Clinical Applications	1	22.5							
Seitai Shiatsu	2	45							
Shiatsu 2	2	45							
Sports Tui Na and Traumatology	2	45							
Tai Ji 1 (Body Awareness)	1.5	30							
Tai Ji 2	1.5	30							
Thai Massage 2	2	45							
Tui Na Treatment of Internal Disharmonies 1: Male/Female Reproductive Disorders	2	45							
Tui Na Treatment of Internal Disharmonies 2: Respiratory and Digestive Disorders	2	45							
Tui Na Treatment of Internal Disharmonies 3: Geriatric, Chemotherapy and Post-Surgical Disorders	2	45							
Tui Na Treatment of Internal Disharmonies 4: Advanced Musculoskeletal Disorders and Disharmonies	2	45							

X- classes with an "X" in the DE column mean that any or all of the course may be online in a distance education format. Additionally, potential DE courses are not limited to the courses with the "X," instead the "X" indicates those courses running with a DE component as of W'12.

Massage Therapist (Asian Bodywork) Spring 2012

Students receive business set-up assistance/equipment worth \$1200 after completion of the cert.**Semester Began:**

Name:		SSN:							
TERM 1:	Course Name	Units	Cr. Hrs	Notes:	DE	T	CH	FC	ND
	Oriental Medicine Theory and Points for Body Therapists	3	45						
	Anatomy and Physiology 1	2.5	45		X				
	Introduction to Tui Na Hand Techniques	1.5	30						
	Introduction to Tui Na Structural Techniques	1.5	30						
	Circulatory/Swedish Massage 1	2	45						
	Public Safety, Business and Ethics	1.5	22.5						
	CPR/First Aid (8 hour course required)								
	Total for Term 1	12	218						
TERM 2:									
	Introduction to Body Therapy Clinic	1.5	30						
	Anatomy and Physiology 2	3	45		X				
	Shiatsu 1	2	45						
	Qi Gong 1	1	22.5						
	Introduction to Kinesiology	2.5	45		X				
	Deep Tissue Techniques	2	45						
	Total for Term 2	12	233						
TERM 3:									
	Clinical Practice Shift	2	60						
	Biomedical Pathology for Massage Therapists	3	45		X				
	Thai Massage 1	2	45						
	Advanced Massage Modalities	2.5	45						
	Total for Term 3	9.5	195						
	Grand Total MTH/AB Certificate:	33.5	645	(Classroom hours: 606)					

X- classes with an "X" in the DE column mean that any or all of the course may be online in a distance education format. Additionally, potential DE courses are not limited to the courses with the "X," instead the "X" indicates those courses running with a DE component as of W'12.